

A to Z

A

Ask everyone you meet: Always carry a sponsor/donation form or QR code with you so when you talk to people about the event, you can ask them to donate right then. (If you need help creating a QR code for your team or personal page, ask us!) Don't pre-determine whether people will give—just ask! While you're at it, ask them to join your event or team!

Auctions: Hold a live or silent auction for various items. BE CREATIVE! What's valuable to your employees, colleagues, or neighbors? For example, a prime parking space at work, a half or whole day off from work, lunch with the boss, a picnic lunch prepared by your team members, and/or other items such as collectibles, event or sports tickets, or sports memorabilia.

B

Babysitter Service: Give parents a rest and babysit their children for a donation.

Bachelor/Bachelorette auction: Grab a few of your outgoing single friends and host a bachelor/bachelorette auction at a local bar. Winner gets a date with the stud/studette (add a silent auction for the evening). Recruit restaurants to donate the costs of their meals!

Backyard Movie Night: Who wants to spend \$10 on a movie ticket and another \$10 for popcorn and a soda at a pricey theatre? Host a backyard movie night by projecting your movie onto a white sheet or big blank wall. Lay out inflatable furniture and lots of blankets and pillows! Of course, you'll charge for snacks and admission, but they will be reasonably priced – and for a great cause!

Bake Sale: Bake lots of homemade goodies and sell them at work or at a busy place (Walmart, Church, etc.).

Birthday Gifts: Ask for donations instead of gifts on your special day! Check out your event Participant Center for an email template asking friends to make a donation to a great cause!

Block Party: Organize a neighborhood block party. Sell food and drinks and charge admission.

Boss for A Day: Allow people to bid on being boss for the day!

Brown Bag Lunch Week: Encourage employees to bring in their own lunches for a week and donate the money they would have spent to the team.

C

Cake Walk: Get team members to bake cakes. Walkers purchase tickets for the opportunity to participate in the cake walk. Place numbers in a circle and when the music stops, participants run to the nearest number. An emcee calls out a number and the individual closest to that number wins a cake.

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Car Bash: Secure an old car; write "ALS" in large, bold letters across the car. For a donation, participants get to swing a sledgehammer and "Smash ALS."

Car Washes: People always need a good car wash. This is a great fundraiser for students and adults alike.

Cell Phone Fines: Who hates a cell phone going off during a meeting or in the office? Fine employees \$5 every time they forget to silence their cell phone.

Challenge by the Boss: Get your boss to agree that if all team members raise their minimum. \$100, that she will kiss a pig, get a pie in the face, do an Ice Bucket Challenge, etc.

Coin Drive: (Great for students) Place a large jar in the cafeteria and ask students and staff to contribute their left-over change from lunch.

VARIATION: Penny Wars: Drop change in jars to compete against other departments, classes, grades, or bank branches. Pennies are worth positive points; silver coins and cash are worth negative points. "Sabotage" the other jars by dropping silver or dollars in them. Determine a prize for the top group.

Coin Toss: Get permission from the local mall to collect all coins tossed in the fountain for a designated time period. Be sure to have signs stating that the coins will be donated to the ALS NETWORK.

Concession Stands: Get permission to sell concessions at a local sporting event or community event.

Craft Fairs: This fundraiser is great year-round. Set up a booth at a local festival and sell crafts made by team members.

D

Dance Off: Students hold a school dance, or adults organize a dance at a local club. Ask a DJ or band to donate services. Sell refreshments.

Dog Walkers: Walk the neighbors' dogs for a donation or dog sit while pet owners are on vacation.

Donut Days: Get donuts donated from a local bakery and sell at work or school.

Dress-Down Days: Ask co-workers to pay to dress down at work. This can also work with schools that require uniforms (with permission). Ask your boss or principal if fellow employees/students may buy a sticker for a designated amount (we recommend \$5-\$25) and get to "dress down" on an assigned day. We can help you with a sticker template!

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E

E-mail: Send E-mails to your friends, family and co-workers asking them for donations and to join your event or team! Check out our Participant Center, where we've already written the emails for you! You just have to upload your contacts and click SEND. Ask us if you need help!

E-mail Signature: Add your fundraising page link to your e-mail signatures both personal and work e-mail (ask the boss first if it is your business account).

Errand Service: For a donation, run errands for those who don't have time to do their own.

F

Fear Factor Challenge: We know the show hasn't been on for years, but who doesn't love a good gross out? Charge people to vote for the sordid tasks for the competitor. Gross ideas include eating tablespoons of mayonnaise, smelling rotten milk (and not barfing), and holding a tarantula or cockroaches. Ew!

Fish Fry: Hold a fish fry at your church or community center and charge a donation per plate.

Firefighter Fashion Show: Recruit your favorite local first responders to strut their stuff down the catwalk in items on loan from a department store. Make sure someone's still at the station, though, because this fundraiser can get pretty HOT!

Flower Sales: You don't even need a green thumb to do this fundraiser! Work with a local florist or wholesaler to sell bouquets, potted flowers, or individual stems at your school or place of work. Try this around Valentine's Day, Easter, or other special holidays.

Follow up, follow up, follow up! Your friends and family want to help! But we know everyone is busy, and they may have just forgotten! Call, email, text, or send a postcard or letter to the people who haven't donated yet. If you want to do a mailing, ask us for help to pay for the cost of postage! Contact the office today to get your hard copy reminders out!

G

Game Night: Invite friends to your house to play board games, charades, bingo, etc. You can charge your friends an entry fee and maybe they can even "bribe" for advantages!

Garage Sales: One person's trash is another man's treasure! Join together with your teammates for a rocking ALS Network Garage Sale and turn your trash into much needed treasure for ALS care and research!

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Golf Tournament: Hold a golf tournament with the proceeds benefiting ALS Network. Looking for a fluffy spin on the classic golf tournament? *Check out M for Marshmallow Golf!*

Guest Bartender: Friends with your local bartender? Ask him/her to put a sign up one night that says all tips get donated to the ALS Network. Or talk to a local bar about being a “guest bartender” for a night for a cut of the profits or cover charge.

Guitar Hero Competition: Charge your friends’ entry and create brackets! Your friends can also pay to play the songs they’re best at and even to *gasp* bump another player out of the competition!

H

Hat (or Cap) Day: (Great for schools) Students can make a donation to wear baseball caps or silly hats to school for the day.

Haunted House: For Halloween (or really any time of year!), organize a haunted house and charge admission.

I

Ice Cream Socials: Plan one at your place of work or with friends or children. Ask for a donation to attend. Sell ice cream or soda floats and tell them that the proceeds are going to your team. This also makes a GREAT team get together!

Incentives for your donors: Tell everyone that for every \$50 they donate, they get a chance to win something (for instance, your world-famous brownies, or a spin in your fancy new car).

J

Jail & Bail: For a donation, employees can be arrested. For an additional donation, they can post their own bail or employees have a bounty posted on the heads of fellow employees, and they are not set free until the entire bounty is raised (e.g. \$100 or more per inmate).

Jewelry Sales: Work with a wholesale company to sell jewelry, with your team receiving a portion of the sales or host a jewelry party at your home with a portion of the sales benefiting your team. Are you crafty? Create and sell your own jewelry!

K

Kitchen Tools Sale: Work with a Pampered Chef Consultant (www.pamperedchef.com) to hold a kitchen show. A portion of the sales will benefit your team.

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L

Lawn Service: Mow your neighbors' or your family's lawns for donations.

Letter Writing: Nowadays, it's nice to receive a hard copy letter in the mail from someone! Send letters to friends and family explaining what you are doing and why. Tell them your personal goal and ask for help. You could even write a letter from your pet to your friend's pet! Ask us for help creating a QR code to add to the letter.

M

Make 10 copies of this list: Send the copies to friends and family and ask them to choose one thing on the list to help you fundraise.

Matching Gifts: This is a great way to double your donations. Ask your company to match what you raise, as a participant or entire team. Many companies already have a Matching Gift program in place. This is FREE money that can double what you donate. Don't forget to ask your donors if their company contributes!

Marshmallow Golf Tournament: Use marshmallows and set up 9 creative holes in the office to see who can be the most accurate with the puffy treat.

Monday Night Football Party: Your sports fans' friends will love this one! Provide refreshments and charge admission to the game.

Money Jars: Place jars where you work, on your desk, or on store counters with info about the event and the work of the ALS Network on the front. Ask us for help with your team flyer!

N

Night at the Movies: Invite your friends over for a night at the movies. Charge admission, have popcorn, candy, and drinks to sell too.

O

Odd Jobs: Ask neighbors, family, or colleagues if you can do their odd jobs for a donation.

Office Olympics: Ask management for a Friday afternoon and host stapler competitions, copy paper box races, chair races, cubicle obstacle course, and any creative idea you can imagine.

Ornament Sale: Get together with your team and make Christmas ornaments. Sell them for a donation.

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P

Party With a Purpose: (aka Neighborhood Parties) Throw a neighborhood party -- pot luck, cocktails, block party, or otherwise.

Payroll Deduction: Employees can make their own contributions by having them deducted directly from their paychecks. A little each week can grow into a large amount! Contact ALS Network to find out about any employee giving paperwork that may need to be filled out!

Pizza Sales: Work with a local pizza parlor to give you a percentage of the pies that you sell.

Poker Run: With four-wheelers or motorcycles. Create an entry fee per vehicle. Riders stop at five different hospitality stops and playing cards are given out. At the end of the trip, the person with the best poker hand is the winner.

Pup Parade: Gather all the pooches in your neighborhood. For a predetermined amount, people bring their dog and go on an organized "walk" together. Host a cute pet contest or crazy pet costume contest and offer prizes. Pet stores like PetSmart and Petco may even offer to bring goodies and coupons to your event, so don't forget to ask them!

Q

Quilts: Sell quilt squares in honor and/or in memory of people with ALS; for example, squares of 4X4 for \$5; 8X8 for \$15; 12X12 for \$25. Create the quilt and hang it in your office, or raffle off the quilt after it's completed.

QR Codes: Don't forget to add QR codes to fliers, posters, and other handouts. Currently, they are the quickest, easiest way for people to navigate to your team or participant page to donate and sign up. Ask us if you need help!

R

Raffles: Just like auctions, raffles (or "opportunity drawings" as they are legally called) can accommodate many items. You can raffle off homemade items or items donated from local businesses.

Raffle a Day Off: Ask your boss or the owner of the company to donate a paid half-day or day off to the winner of the drawing. (Or a prime parking spot as an alternative.) Sell tickets for a premium to your co-workers (this is an easy way for most companies to contribute without donating cash).

Restaurant programs: Many restaurant chains have programs where they'll give a cause a percentage of the night's profits when customers bring in a flyer. Ask your local manager today and pass out copies of the flyer to everyone you know – and don't know!

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Roll Those Pennies: And, while you're at it, break open the piggy bank and start rolling all those coins that you have been collecting. Great counting activity for teaching kids!

S

Social Networking: Use Facebook and Twitter to reach out to friends you may not see every day, or whose email addresses you may not have! DM or post your Participant Center or Event/Team page link. You'd be surprised at the generosity! Make sure you thank them by tagging them, and others will be sure to follow suit!

Spin-a-thon: Work with a local gym or spin studio to organize a day of spinning. Participants pay per hour to spin with the group. Provide water for everyone and a raffle for all participants. Plus, be sure to ask the instructors to donate their time to cut down your costs.

SPONSORS: This one can be a game changer for you as you work on reaching your goal! Ask your employer or a decision maker you know at a corporation to sponsor your team in return for logo and verbal acknowledgment and other benefits associated with the event. The amount can be credited to your team, while the donor gains wide brand exposure. Please contact your local Community Outreach representative for assistance with a formal proposal or list of benefits. We're here to help!

Sports Tournaments: Organize sports tournaments at a local school gym or community center and charge an entry fee.

Starbucks Sacrifice: Do your friends spend a ridiculous amount of money on coffee? Ask them to donate what they would have spent on a pricey cup of Joe. \$7 from 10 people is \$70!

Swear Jar: Ever let those teensy four-letter words slip? Oops! Assign money values to the words based on how bad they are and enforce it! Did Dad drop the S-word? A quarter! The F-bomb? A dollar! Consider placing jars at home and work. Make sure you stay on Curse Patrol!

T

Team Spirit Day: Each employee donates a certain amount to wear their favorite team gear.

Team T-Shirt Donation: Don't just GIVE your team t-shirts out! Sell these coveted items to your team members. Better yet, make them have a certain amount of money on their OWN fundraising thermometer! This is easy to track in the Participant Center Team Roster. Vendors like Custom Ink make it easy for you to do t-shirt sales online, with a percentage coming back to your team.

U

Ugly Sweater Contest: We bet your friends have ugly holiday sweaters they can't wait to rescue from the attic. Hold an Ugly Sweater Contest! Have people vote using dollars. The sweater with

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the most votes (dollars) wins and all the proceeds are donated to your Walk, Ride, or Run, or DIY team! You could also split the winnings 50/50 with the winner!

V

Vendors: Do you work closely with vendors at your business? Don't forget to ask them for support! You support their business with a lot of money, perhaps they can support your cause!

VIP Parking Spot: Have a fundraising competition amongst your co-workers and the winner gets one week or one month of parking in the coveted spots closest to the front door!

W

Wall Of Fame: Put up large, colorful "Look Who's Walking/Riding/Running/Hiking on Our Team" posters with baby pictures of those employees who have signed up to participate, along with current Polaroid pictures of teammates. Have everyone donate an amount and guess whose baby picture matches whom. The winner could also receive a small prize (lunch on the company, an event shirt, an extra break, designated parking for a day, a swag bag provided by the ALS Network, or whatever incentive you think will encourage participation).

Paper Pin-Ups: Sell shoes, squares, or bikes for \$5 that donors can write their name on. You and your co-workers can hang them in offices/breakrooms/hallways. Display the pin-ups in a well-travelled place so people can see who's supporting your team. This is a great way to spark inter-department competitions. Who has more pin-ups? Or ask a local retailer, franchises, or a chain, if they would host a point-of-sale pin up donation campaign. You could offer a prize or traveling trophy to the top fundraising location. This is a great way for a company to show how it supports their community. Ask us for help with providing the artwork and materials.

Wedding Wishes: Getting married soon? Consider requesting donations to the ALS Network via your Ride, Walk, or Run team as an additional gift option.

Wine, Whiskey, and Wii Party: If you're 21 or older, savor the best of all worlds with this super fun (and potentially hilarious) evening. Charge admission or place bets on Topsy Tennis and Buzzed Bowling. Yes, please! (Keep it fun: please drink responsibly and do not drink and drive.)

Wristbands: Sell ALS wristbands. This is a great way to raise money for your team and spread awareness at the same time. Ask us how to order your wristbands online.

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XBox Xtravaganza: See the above suggestion for Wine and Wii Party!

Xtra Cents: Arrange with a bank or retailer to ask people to donate the extra cents from customer change to their team. Place a sign at the teller line or drive-thru window: "The CURE for ALS may be in YOUR POCKET." Indicate that all proceeds benefit the ALS Network [Event Name]. Some sellers will do what's called a "round up" campaign, asking people to round up to the nearest dollar, and the change will go to your team.

Y

Yard Sales: Clean out those closets and have a yard sale. You can do this individually or with your team. The money raised will go to your team.

Yoga for a cause: Ask a local yoga instructor or studio to donate a portion or all the proceeds from a class to your team. When you invite friends to join the class, it's a win-win for your fundraising and the yoga studio's expanding client base.

Z

Zumba®-thon: Start your own Latin-dance fitness party! Many instructors will volunteer their time to market their classes; but you don't even need to hire an instructor; the game is available for Wii. Your friends and family will not only get a great workout, but they will also have a blast shimmying and shaking to Latin and International beats!

Let us know about your Fundraising A-Z Plans and share your ideas with us! *Please know that our staff is here to support you with ideas, coaching, promotion, organization swag, fliers, guest speakers, donation handling, and more.* Your success gets us that much closer to treatments and cures for ALS! Set up an appointment with your local event/Community Outreach representative, so we can help you kick off your fundraising and awareness efforts or email info@alsnetwork.org or call 818.865.8067.

Let's have some fun and raise lots of funds, because it is only together that we will cure ALS!

Visit our [Community Outreach Events website](#) or our [ALS Network website](#) for more information by clicking the logos below.

**WALK & ROLL TO
CURE ALS**

